



ISSUE 10 | FRIDAY 27 JUNE 2025

WELCOME TO OUR

Pānui

## Principal's Message

Kia ora parents and whanau

One of the things I love about our little school is the way the children play within our playground. They take advantage of the wide variety of sports equipment and are often creating imaginative games, usually with children of different age groups. Recently we have been donated some cable reels, thanks to Pip Scott. Some of our students are getting very good at walking on top of the rolling reels!

It was my pleasure to recently host a belated 100% attendance morning tea for the 8 students who had 100% attendance in Term 1. Getting your children to school EVERY day is quite difficult, given the many things we have going on in our families. Students who are at school every day are exposed to the maximum amount of learning time and this is vital in a year when we are introducing a new curriculum. Data is showing that we have a good number of students on track for 100% attendance this term, again, this is quite impressive considering how much illness has been about.

We were delighted to see so many of our students and their whanau at our Matariki Celebration last week, where we acknowledged the rising of the Matariki star cluster which signals the start of the Māori new year. Our students have been taking part in weekly Kapa Haka sessions with Whaea Koha and Whaea Peki, supported by Miss Bonney, who takes the lead when our tutors are unavailable. The progress and growth in confidence has been amazing over the six months and the children enjoyed the opportunity to show their families the songs they have been learning. Thank you to everyone who came along and enjoyed Matariki mā Puanga: Celebrating Together.

As part of our Board processes, I have been reviewing our emergency planning document. This document contains the processes we will follow in the event of an emergency. The process has posed some interesting questions and scenarios for me to consider and thanks to everyone who I have approached looking for information. Last week Annie and I were working on how we would contact parents in an emergency. You should all have received a text via HERO informing you about the non uniform day this Thursday. We were actually testing the system to ensure it works for all parents, so if you did not receive this text, it means your mobile number in HERO is not correct! It is critical that we have the correct contact details for parents and emergency contacts in HERO, so please see Annie to check your details.

*In the event of any emergency we are advised to stay within our school grounds unless immediate danger is imminent.*

*When an emergency occurs we will:*

- *Send a notice to appear on our school facebook page – Kaikōura Suburban Family and Whanau, HERO newsfeed and on Skool Loop.*
- *Send a bulk text message to all parents via HERO text messages.*
- *Please stay away until you are advised it is safe to come and collect your child/ren. You may only collect your own child/ren unless you have written permission from another parent to collect their child/ren. This is to avoid confusion and ensure the safety of all children during an emergency.*
- *If there is no internet or mobile phone service, we will be unable to alert parents so parents and whanau are welcome to come to the school, if it is safe to do so.*
- *If after two hours, no contact has been received from a family and no contact is able to be made, the school staff will keep the remaining children and will follow the directions of the emergency services.*
- *Please alert your child's class teacher if you are taking your child away from the school grounds. Class teachers of other children you are taking must also be informed.*
- *Please develop your own family and whānau plans for when there is an emergency during school hours.*

Over the holidays there are a few projects going on. We have new carpet tiles going into Toroa, the Whare Ako and Titi classes and some new entry carpet into Piwakawaka. This is being supplied by Ngā iti Kahurangi, a small rural schools programme which improves heat, light and noise in classrooms. We are expecting the painters to complete the exterior painting of our school buildings as part of our building plan.

At the end of this year, we will complete our final year in our strategic plan. This is a simple, clear document that sets out what a school wants to achieve over the next few years and how it plans to get there. It acts like a roadmap for the school.

It includes:

- The school's big goals – what the school is aiming to improve or achieve (for example, better student learning, stronger community involvement, or improved wellbeing).
- How it will reach those goals – the key steps or actions the school will take.
- How progress will be measured – how the school will know if things are working and goals are being met.

The strategic plan helps make sure everyone in the school community – staff, students, whānau, and the board – is heading in the same direction and working together toward shared priorities. It's usually written for a period of 3–4 years, but reviewed and updated regularly to make sure it stays relevant.

To write a new plan, we need to get the input not only from staff and students but from you as parents. In Term 3, there will be a weekly question displayed next to the calendar outside Annie's office, along with a supply of post it notes and pens. Please add your thoughts on a post it and stick it on the question sheet. These question sheets will be transferred to the Whare Ako where they can continue to be accessed for feedback before assemblies and gatherings. We also will be sending out texts to short answer questions via the HERO messaging system. The text will come from a four digit number e.g. 4376 and will have Kaikoura Suburban School in the message. Please take two minutes to respond as your feedback is valued in our direction for the school.

Reports were posted on HERO last week along with updated curriculum goals from the refreshed NZ curriculum. We notice that some reports have not been read so if you are having any problems accessing these, please email Annie and ask for a copy of the HERO help sheet for parents. It's a wordy document but Annie assures me it's got everything you need to know! Teaching staff are happy to help with technical issues, please just ask.

School resumes again on Monday 14th of July. Happy holidays everyone!

Nga mihi nui  
Kylee Habgood





**PJ Day raised \$104.60 for  
Ronald McDonald House**



## Important Dates

|             |                                        |
|-------------|----------------------------------------|
| Mon 14 July | First Day - Term 3                     |
| Mon 14 July | Whale Run Meeting - 3:00pm - Whare Ako |
| Tue 19 Aug  | Board Meeting - 6:00pm - Whare Ako     |
| Sat 6 Sept  | Whale Run                              |
| Fri 19 Sept | Last Day - Term 3                      |
| Mon 6 Oct   | First Day - Term 4                     |
| Mon 27 Oct  | Labour Day                             |
| Mon 3 Nov   | Marlborough Anniversary Day            |
| Fri 12 Dec  | Last Day - Term 4                      |





# PIWAKAWAKA CLASS

Over the last few weeks we have been learning about the whales that can be seen at different times in the ocean off the Kaikoura coast. We have identified 4 main whales and have researched interesting facts about each of these. The students have written factual reports and have drawn some very realistic pictures of whales through close observation and following pictorial instructions. The photos show some of the work that has been done. Please feel free to come in and have a look.



## Titi Class

We have been on an amazing journey into space. We have been through the Milky Way, visited the planets and the moon and orbited the sun. We avoided the black holes and Jupiter's raging storm. We have learned how to research and present our learning to our classmates.

We are becoming champions at our 3 x tables and counting backward from 100 in fives.

Term 2 has been a great one and we are wondering what Term 3 has in store for us...



## Toroa Class

We've had an exciting couple of weeks in Toroa! A big highlight was our trip to the Mars Blueberry inflatable dome – the 7m high space dome blew our minds and brought learning to life. Check out the photos on Hero and Facebook to see the magic. A huge thank you again to our wonderful parent helpers for making this trip possible!

We've also noticed a shortage of basic stationary supplies, especially whiteboard pens. Please check in with your child over the holidays and help them restock any essentials so they're ready for Term 3.

The term has flown by, and everyone has worked so hard – we all deserve a break! Have a safe and restful holiday. I look forward to seeing everyone refreshed and ready for another great term!

Thank you to Nadin and Bronnie for their candidacy.

Voting papers, candidate statements, and a pre-paid, self-addressed envelope are being sent via NZ Post to all eligible voters.

Please return your completed voting paper using the provided envelope or drop it in the ballot box at the office before 4:00pm on Monday 30 June 2025.

## Candidate Statements

Hello parents,

I'm Nadin, a gal from Germany who made Kaikoura her home for over 10 years now. My children are Oscar (year 4) and Klara (year 3).

I love the suburban community and the spirit of the school and would love to be actively involved in my kids' education.

About me, I am spending a lot of time outside either gardening, walking the dog or biking with the family. As well as beach days of course.

Thanks,  
Nadin



# Candidate Statements

Kia ora koutou,

My name is Bronnie (Bronwyn) Smith, and I am putting my name forward for a position on the Suburban School Board of Trustees. As a parent of a new entrant student, Charlotte, who has recently started in the Pīwakawaka class, I have a keen and growing interest in supporting the school community and contributing positively to the future of Suburban School.

With a Bachelor of Commerce in Agricultural Management and Rural Valuation, I bring strong skills in planning, financial oversight, and decision-making. I have a background in farming and rural business, and I enjoy working collaboratively to find practical solutions.

My abilities include building relationships, analysing information to make sound judgments, and contributing to discussions. All of which I believe are highly valuable in a school board setting.

Since Charlotte began her journey at Suburban School, I've been actively involved and invested in understanding the school's values, culture, and aspirations. I'm passionate about ensuring our children have access to quality education in a nurturing and inclusive environment.

I am standing for the Board because I genuinely care about the success and wellbeing of all students. I want to support the continued growth and development of our school and help provide a strong voice for parents and whānau.

Outside of school life, I enjoy golf, fishing, hunting, farming, and making the most of the outdoors with my family.

Thank you for considering my nomination. I would be honoured to represent our parent community and help shape a positive future for Suburban School.



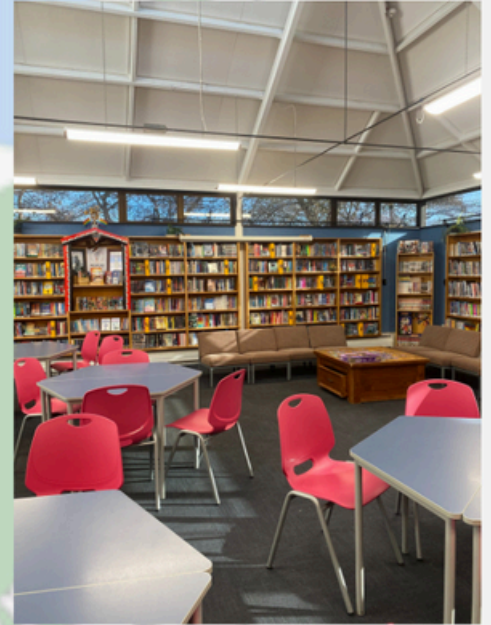
Ngā mihi nui,  
Bronnie Smith



# Student Voice

## HIGH SCHOOL VISITS

In the last two weeks, Year Six Toroa students have been visiting the High School. We explored the workshop, library, admin block and the gym.



## Popular Games in the Playground

Cops and robbers is popular in the Toroa class. Scooters are still popular in all classrooms at playtime.

# What's Happening



**Board By-Election**  
**VOTE NOW!**

Thank you to Nadin and Bronnie for their candidacy.

Voting papers, candidate statements, and a pre-paid, self-addressed envelope are being sent via NZ Post to all eligible voters.

Please return your completed voting paper using the provided envelope or drop it in the ballot box at the office.

**Voting Closes:**  
**Mon 30 June 25**  
**at 4:00pm**





**Police Vetting**

If you are intending on being a parent help at school events or camps, can you please come and collect a police vetting form from Annie.

All volunteers who work with and around our children require a police vet. This also includes coaching sports teams for our school.

If you have previously had a police vet done by Kaikōura Suburban School, **please be aware they only last three years** so you may require another one.

Please note: These can take up to 20 working days to be processed.

## Uniform

Uniform can be ordered through our school website at any time.

To order, go to [www.kaikourasuburban.school.nz](http://www.kaikourasuburban.school.nz) and click on the 'For Whanau' link. In the dropdown menu, click on uniform shop. After you pay online, you will be notified when items are available.

## School Bus Reminder

If your children is going to be collected from school rather than going on the bus, please call Annie before 12:30pm.

**PART-TIME  
TEACHER AIDE VACANCY**

We are looking for an enthusiastic and caring person to join our friendly team next term. The position is part-time, starting at 1 hour per day, 9-10am, 5 hours per week, and increasing over a period of time to support a student on a graduated transition plan to school.

If you would like to apply please contact Kylee by 3pm  
**Wednesday 9th of July.**

We look forward to hearing from you.  
[principal@ks.school.nz](mailto:principal@ks.school.nz)

## Who's having a birthday?

Happy Birthday to Patrick 10<sup>th</sup>, Macsen 13<sup>th</sup>, Harper 24<sup>th</sup> and Lenny 26<sup>th</sup>.

We hope you all had an awesome day celebrating.



# What's Happening



## Kaikoura Suburban School 150th Jubilee

Kaikoura Suburban School is turning 150 in April 2026 and we invite expressions of interest to form a committee for organising the celebrations. If you are a past or present school community member who holds knowledge of the school and you're keen to help, please email Annie at [office@ks.school.nz](mailto:office@ks.school.nz) to register your interest. We will hold an initial meeting in April 2025. We look forward to hearing from you!



## KAIKOURA WHALE RUN

SATURDAY 6TH SEPTEMBER 2025  
@KAIKOURA SUBURBAN SCHOOL



5K | 12K | 21K

Run or walk + Kids Marafun

COME ALONG AND SUPPORT OUR  
ANNUAL SCHOOL FUNDRAISER!



## School Gate



The school gate will remain closed between the hours of 9:00am and 3:00pm for student safety.

If you wish to drive into school during these hours please ensure you open and close the gate behind you.

Thank you for your understanding.

## Attendance Matters

Please let Annie know by 9:00am if your child will not be attending school. You can do this via HERO, Skool Loop App, email or phone.

If you or your child are running late, please check in with Annie before heading to class.

## School Policies & Procedures

All of our school policies are online. Every policy and procedure comes up for review every three years to ensure they stay current. You can view all of these by logging in with the below details.

<https://kaikourasub.schoolsdocs.co.nz/Login.aspx?ReturnUrl=%2f>

Login: kaikourasub  
Password: fyffeforce

## Policies for review in Term 2

- Planning and Preparing for Emergencies, Disasters and Crises
- Communication During an Emergency
- Emergency Closure
- Emergency Management
- Disaster Management
- Crisis Management

# Community Notices

Waldorf Wayfarers performers from Australia, Taiwan, Japan and India present

## The Dancing Wombat

MUSIC AND DRAMA  
WORKSHOP AND PERFORMANCE  
FOR CHILDREN

WEDNESDAY 30 JULY 2025  
KAIKOURA MEMORIAL HALL

**WORKSHOP 4.00 - 4.45PM**  
Children aged 5 - 10 are invited to play percussion instruments with our orchestra, and to learn to mime or dance as Australian creatures.

**PERFORMANCE 5.00 - 6.00PM**  
Orchestra, actors, singers and mythical beasts!  
With songs and dances from Taiwan, Japan and India  
\$15 per adult - \$10 per child - \$5 per workshop child

ENQUIRIES AND BOOKINGS 0410 617 427 OR JUDITHCLINGAN@ME.COM

COMMUNITY dental service



**Tips for Healthy Teeth**

- Brush twice a day with fluoride toothpaste
- Choose healthy snacks,
- Choose water or milk first,
- Have regular dental check-ups

Health New Zealand  
Te Whatu Ora

The Community Dental Service will be closed for the upcoming school holidays

Closed from: Friday 27<sup>th</sup> June,  
Reopening on: Monday 14<sup>th</sup> July.

Five of our community dental clinics will be open during this School Holiday period:

Aranui (240 Breezes Road)  
Woolston (11 Hopkins Street)  
Kaiapoi (65 Raven Quay)  
Ashburton (38 Elizabeth Street)  
Timaru (18 Woolcombe Street)

If your child is experiencing any dental pain/discomfort, you can call us on 0800 846 983 and/or email: [comm dental@cdhb.health.nz](mailto:comm dental@cdhb.health.nz) and one of our clinicians will contact you.

**Pizza Night**  
ANY VALUE PIZZA FOR \$11.99  
EVERY Thursday



TIPS FOODIES  
KAIKOURA

033195637

For Limited Time

Come Line Dancing

When: Tuesdays 10am - 11am  
Where: Memorial Hall  
Cost: \$5.00 inc a Cuppa & Cake

FOR THOSE WHO WANT TO JUST LISTEN TO THE MUSIC OR MAKE A GENTLE START TO LINE DANCING

## PARENTING SKILLS & STRATEGIES SEMINAR

Saturday 26<sup>th</sup> July  
The Upper Room, Kaikōura

Two sessions:  
9am - 12:30pm  
2pm - 5:30pm  
Morning/Afternoon tea provided

Lynsey, a senior Occupational Therapist for a special needs high school unit, and Jamie, an Osteopath who has a special interest in early childhood, have been married 25 years, have two boys, one with ADHD and the other with ASD. Both have been teaching together for 15 years, around development and children's issues.

This seminar will cover topics many parents with any child will relate to, particularly helping them with practical knowhow to navigate the early years of childhood through to late primary.

To register your interest  
please phone 03 319 5834 or  
email [osteopathykaikoura@gmail.com](mailto:osteopathykaikoura@gmail.com)



### Things that parents are dealing with:

- Sleep, eating, anxiety, focus, disruptive behaviour, poor coordination, poor concentration, poor instruction following
- What are milestones in child development? Why is it worth knowing about it?
- What is Neurotypical?
- What is Neurodiverse?
- What is ADHD?
- What is ASD?
- What is Interoception and how useful/improving it can be (knowing internal sensation, i.e. hot/cold, need the too, hungry/full). Body awareness helps a child to understand their feelings/needs/wants.

### Things that can help:

- Co-regulation: calm parent - calm child, a child who knows their body can understand their feelings easier. A calm parent can improve stress in an anxious sensitive child and regulate stressful situations for a child
- Breathing and styles of breathing to help relax/calm a child, improve sleep patterns and reduce anxiety and hyperarousal
- Body scan awareness of tension/lightness reduces stress/improves emotional maturity and improves focus in a child

### Simple exercises for improving coordination:

- Movement processing
- Sequencing movement
- Left and right awareness
- Handwriting/reading

### Quick movement test:

- Jelly on a plate
- Window wipers
- Frog legs
- Snow angels
- Popcorn
- Happy cat Sad cat
- Finger movement exercises for dexterity

TE HĀ @ MĀTURANGA

### Defensive Driving Course

Thurs 3<sup>rd</sup> July 4.30pm-6.30pm  
Mon 7<sup>th</sup> July You must attend all classroom sessions  
Thurs 17<sup>th</sup> July  
Thurs 24<sup>th</sup> July

Followed by an individual drive with the instructor

Completing this course reduces your time on a restricted licence by up to 6 months

Cost is \$200 per person (discounted from \$245).  
Payment is required before the course starts to secure your spot

Email Renee to register  
[kaikoura@teahamaturanga.co.nz](mailto:kaikoura@teahamaturanga.co.nz)

**BUY 2 SOUVLAKIES  
GET 3RD  
FREE  
EVERY TUESDAY**

PHONE  
033195637



TIPS FOODIES  
KAIKOURA

| MAYFAIR MOVIES & EVENTS                 |                   |                  |                  |                  |                   |         |                   |
|-----------------------------------------|-------------------|------------------|------------------|------------------|-------------------|---------|-------------------|
| 26 JUNE 02 JULY 2025                    | THURS 26          | FRI 27           | SAT 28           | SUN 29           | MON 30            | TUES 01 | WED 02            |
| KARATE KID: LEGENDS (NEW)<br>PG 94 MINS | 5.15PM            | 5.15PM           | 12.00PM          | 2.40PM           | 7.00PM            | CLOSED  | 12.00PM           |
| F1 THE MOVIE (NEW)<br>M 155 MINS        | 11.00AM<br>2.20PM | 1.00PM<br>6.30PM | 1.30PM<br>7.00PM | 3.50PM<br>7.00PM | 1.00PM<br>6.45PM  |         | 1.00PM<br>6.45PM  |
| 28 YEARS LATER<br>R16 115 MINS          | 7.30PM            | 7.30PM           | 5.00PM           | 7.20PM           | 4.30PM            |         | 7.30PM            |
| HOW TO TRAIN YOUR DRAGON<br>PG 125 MINS |                   |                  | 10.45AM          | 1.05PM           |                   |         |                   |
| MATERIALISTS<br>M 117 MINS              |                   | 2.40PM           | 7.30PM           | 12.00PM          |                   |         | 4.45PM            |
| OCEAN<br>PG 97 MINS                     |                   |                  |                  |                  | 4.20PM            |         |                   |
| ELIO<br>PG 98 MINS                      | 3.00PM            | 4.10PM           | 4.40PM           | 10.45AM          | 10.40AM<br>2.15PM |         | 10.40AM<br>4.20PM |
| KŌKĀ<br>M 108 MINS                      | 12.30PM           | 12.20PM          | 2.40PM           | 5.00PM           | 12.00PM           |         | 2.20PM            |



# Community Notices



## ST JOHN KAIKŌURA COMMUNITY ROOM

*Available for hire*

St John Kāikōura have a community room available for hire. Remember us when you need to book your next meeting, small conference, training or community group gathering. Email your enquiry to: [nadia.mackle@stjohn.org.nz](mailto:nadia.mackle@stjohn.org.nz)

*All proceeds remain in our community - thank you for your support*



### Are you spending the School Holidays in Christchurch?

#### Join the research fun! Come play with us!



We are trying to understand how common interruptions – big and small – affect the moments you share with your child.

We're looking for parents and their child aged 5.5 to 9 years, to take part in a fun play session and interview. The session takes about 1.5 hours, takes place at the University of Canterbury, and is happening on Saturdays and Sundays. Sessions are available during the school holidays. You and your child will receive a gift as a thank you for your participation.

#### WANT TO TAKE PART?

To get involved, email or scan the QR code to learn more and register interest

 [olivia.caccioppoli@pg.canterbury.ac.nz](mailto:olivia.caccioppoli@pg.canterbury.ac.nz)



Human Research Ethics Committee approval reference: HREC 2024/11

## INSPIRATION CORNER

### KAIKŌURA BRICK EVENT

July 7th – 10th  
Memorial Hall, Kāikōura

Monday 7th – Enter your build  
Open to view Tuesday & Wednesday, 10am – 3pm  
Late night Tuesday 5:30pm – 7:30pm  
Thursday, 10am – 12pm  
\$2 per person per entry

Build with blocks on site, watch Lego® movies on the big screen, find hidden mini treasures, public voting and displays galore

For more information contact Toni on 027 458 2678

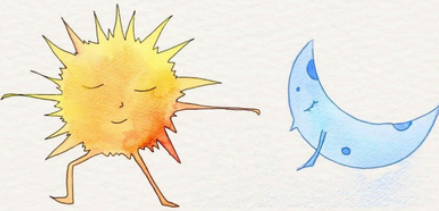
Proudly sponsored by Kāikōura District Council, Kāikōura Paper Plus & Kāikōura Community Op Shop



*This event is not endorsed by LEGO®*

UNWIND AND BOOST YOUR FLEXIBILITY AND STRENGTH THROUGH YOGA.

## YOGA WITH KATHY



MONDAY 6PM FLOW YOGA | TUESDAY 11:30 FLOW YOGA | FRIDAY 12PM YIN

FACEBOOK: KAIKOURAYOGAWITHKATHY  
ADDRESS: 40 WEST END, SOUL STUDIO  
TEXT KATHY ON: 0274222082



## LOCAL CANDIDATE INFORMATION EVENING

If you are serious in considering running for council, or interested in finding out more information, come along!

**7:30PM THURSDAY 10 JULY**

IN THE COUNCIL CHAMBERS, 96 WEST END

FIND OUT WHAT'S INVOLVED IN BEING A COUNCILLOR FOR YOUR COMMUNITY.

DO YOU HAVE WHAT IT TAKES TO BE A VOICE FOR KAIKOURA?

### Game On contacts

If your child is interested in the sports offered at the Game On Sports Festival, please reach out to the respective clubs listed below.

**Kāikōura Netball Club:**  
Yr 1-4 Coordinator - Olivia Chambers  
Yr 5-6 Coordinators - Jaegan Taylor & Sarah Williams  
Yr 7-8 Coordinator - Tracey Sinclair  
or contact [kaiouranetball@gmail.com](mailto:kaiouranetball@gmail.com) or message us on Kāikōura Netball Facebook page

**Kāikōura Croquet Club:**  
Contact: [jajohnston51@gmail.com](mailto:jajohnston51@gmail.com)

**Kāikōura Squash Club:**  
Amy Heger  
Lou Fisher  
Dan Fleming  
or contact [kaiourasquashclub@hotmail.com](mailto:kaiourasquashclub@hotmail.com)

**Takahanga Bowling Club:**  
Thora Lawson: [lawsonspk@hotmail.com](mailto:lawsonspk@hotmail.com)



## WINTER DEAL

2 PIECE OF FISH  
1 LARGE CHIPS  
1 COKE 330ML  
**\$8.99 ONLY**

**EVERY THURSDAY**



**SUNNY'S KITCHEN**  
87 BEACH ROAD KAIKOURA  
4:30PM ONWARDS



## Root Cause Therapy

Your healing journey starts here

**Our Service:**

- Adult Therapy
- Intergenerational Trauma
- Childhood Trauma
- Addiction | Anxiety | Depression

**Book Now**

Mention this Ad to get \$25 OFF your initial appointment

**Website**  
[www.kaikouraholistichealing.co.nz](http://www.kaikouraholistichealing.co.nz)  
022 637 6317



## WINTER DEAL

TWO CHEESE BURGERS  
TWO SMALL FRIES  
2 COKE 330ML  
**\$24.99 ONLY**

**EVERY TUESDAY**



**SUNNY'S KITCHEN**  
87 BEACH ROAD KAIKOURA